

1935

Dutch Treat Your Irish Spread

Frances McTigue
Iowa State College

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Recommended Citation

McTigue, Frances (1935) "Dutch Treat Your Irish Spread," *The Iowa Homemaker*: Vol. 15 : No. 9 , Article 7.
Available at: <http://lib.dr.iastate.edu/homemaker/vol15/iss9/7>

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Dutch Treat Your Irish Spread

by Frances McTigue

IT MAY be the Irish in us—but doesn't a St. Patrick's day spread appeal to you? It's fun, even in the none too large college girl's room.

Of course, we're much too busy to do any decorating, but what a difference a desk makes—when it's covered with

a green crepe paper luncheon cloth and used with matching napkins, and maybe a few shamrocks pinned to the curtains.

It's inexpensive, too! Here is a menu and market list for a spread for eight. The prices are all approximate and you may do even better.

Menu

Corned-beef-lettuce sandwiches	
Mint-Grapefruit juice cocktail	
Olive Cake	
1 pt. grapefruit juice	\$.15
1 qt. ginger ale	.20
Few mint leaves	.10
Corned-beef	.25
Lettuce	.15
Bread	.10
1/4 lb. butter	.11
Olives	.39
Cake	.25

Total\$1.70

"Dutch treat" makes this "Irish spread" come to approximately 22 cents per person.

If you want to get by on still less money, this is always popular.

Menu

"Irish" potato chips	
Cheese dreams	
Tea, with lemon	
Dill pickles	
Tea balls	\$.08
1 lemon	.03
Cheese	.25
1/4 lb. butter	.11
1 loaf bread	.10
Dill pickles	.25
Potato chips	.30

Total\$1.12

This amounts to approximately 14 cents each for eight girls. The "cheese dreams" are made by buttering the outside of two slices of bread and putting slices of cheese on the inside, and toasting the whole sandwich in a grill until it is a golden brown.

Artificial Lights Give Plants a Break

by Janet E. Davenport

IN SPITE of limited window space many folk find it practicable to keep house plants in good, healthy condition by using plant lighting fixtures. This is possible even when the plants are located at the far side of the room.

Most plants require from 14 to 18 hours of light. During the fall and winter months there are not that many hours of daylight, so supplemental artificial light is necessary. Such light can be supplied with the plant lighting fixtures. These fixtures operate on the same principle as lamps and reflectors in greenhouses, providing a longer lighted period for the plants when the hours of daylight are few.

Plant lighting fixtures are similar in construction to regular wall, table and floorstand lamps, but have in addition containers for flower pots suspended from the shafts of the units so that the maximum intensity of the downward flux of light from the reflector or shade, designed to give from 100 to 300 foot-candles, falls directly onto the plants.

The units need be burned only during those hours when artificial light is ordinarily used, that is, from dusk until

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A lamp that gives light for reading and for growing plants.

